



## NHJTF Coaches Oath

*As a coach, I pledge to:*

- Place the emotional and physical well being of my players ahead of any personal desire to win.
- Remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- Do my very best to provide a safe playing situation for my players.
- Review and practice the necessary first-aid principles needed to treat injuries of my players.
- Do my best to organize practices that are fun and challenging for all my players.
- Lead by example in demonstrating fair play and sportsmanship to all my players.
- Be knowledgeable in the rules of each sport that I coach and teach those rules to my players.
- Use the coaching techniques appropriate for each of the skills that I teach.
- Remember that I am a youth coach and that the game is for children, not adults.

*I further understand my responsibilities are to:*

- Provide accurate background information to the league.
- Understand my role and influence as a coach and to never abuse that influence.
- Understand intervention and reporting procedures of possible child abuse.
- Be an advocate of the program philosophy.
- Look at the special needs of each athlete individually, regardless of skill level.
- Keep games free from put-downs, trash talk and profanity.
- Motivate with praise and specific instructions.
- Learn effective ways to channel frustrations and anger.
- Communicate respectfully to parents, athletes, officials and administrators.